

# Venture Academy

## Venture lunch k-5 #1

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Jan 5, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	Jan - 1 NO SCHOOL TODAY	Jan - 2 NO SCHOOL TODAY	Jan - 3 NO SCHOOL TODAY	Jan - 4 NO SCHOOL TODAY
Jan - 7 Pork Rib Sandwich CHICKEN NOODLE S Sun Chips Shredded Lettuce diced tomatoes BBQ Sauce, Cattlemen Applesauce CORN Fruit and Veggie Bar Dressing Mix MILK - Variety Juice Mix	Jan - 8 Breadsticks and Marin Chicken Taco Granola, Pkg Apples, Fresh Apples BROCCOLI Fruit and Veggie Bar Dressing Mix MILK - Variety Juice Mix	Jan - 9 Chili Fritos g ng corn dog bites Dinner Roll(Whole Wh Shredded Cheese BUTTER CUCUMBER,RAW diced onions diced tomatoes ORANGES,RAW,ALL GREEN BEANS Fruit and Veggie Bar Dressing Mix MILK - Variety Juice Mix	Jan - 10 Grilled Cheese Sandwi Bagel Sandwich Tomato Soup Tater Tots Fry Sauce Ketchup Pears, diced CAULIFLOWER Fruit and Veggie Bar Dressing Mix MILK - Variety Juice Mix	Jan - 11 Big Daddy's Pizza Big Daddy's PizzaPep Buffalo Chkn Pizza Grb N go Bread chkn s Italian Breadstick Pizza topoping Bar Sugar Cookie, WG Bananas Carrots Fruit and Veggie Bar Dressing Mix MILK - Variety Juice Mix
Jan - 14 Marinara Rotini Brazil Chicken Enchila Shredded Cheese Stuffed Breadstick CARROTS Apples, Fresh Apples Fruit and Veggie Bar Dressing Mix MILK - Variety Juice Mix	Jan - 15 Chicken nugget CHICKEN ALFREDO Sweet and sour dip BBQ Sauce, Cattlemen Macaroni and Cheese Dinner Roll(Whole Wh BUTTER Pineapple Celery & Peanut Butter Fruit and Veggie Bar Dressing Mix MILK - Variety Juice Mix	Jan - 16 Beef Stew Gng Mozz Sticks Shredded Cheese HONEY ALMOND GR Dinner Roll(Whole Wh BUTTER ORANGES,RAW,ALL BROCCOLI Fruit and Veggie Bar Dressing Mix MILK - Variety Juice Mix	Jan - 17 Nachos Nachos Veg Fish Tacos Cheddar Cheese Sauc Shredded Cheese Dinner Roll(Whole Wh BUTTER Taco Toppings Bar salsa grapes CAULIFLOWER Fruit and Veggie Bar Dressing Mix MILK - Variety Juice Mix	Jan - 18 chili Cheeseburger Burrito Shredded Cheese Dinner Roll(Whole Wh BUTTER diced onions Cinnamon Rolls STRAWBERRIES,FRE CORN Fruit and Veggie Bar Dressing Mix MILK - Variety Juice Mix
Jan - 21 NO SCHOOL TODAY	Jan - 22 Corndog. CHICKEN RICE SOUP Granola, Pkg Fry Sauce Ketchup Mustard ORANGES,RAW,ALL Potato Wedges Fruit and Veggie Bar Dressing Mix MILK - Variety Juice Mix	Jan - 23 Meatball Sandwich gr ng baked chicken Shredded Cheese pickles Tater Tots Fry Sauce grapes BROCCOLI Fruit and Veggie Bar Dressing Mix MILK - Variety Juice Mix bottle water vhs	Jan - 24 Hot Dog/ Chili Dog French Dip Sandwich Bun chili Chip Mix Shredded Cheese Ketchup Mustard peaches GREEN BEANS Fruit and Veggie Bar Dressing Mix MILK - Variety Juice Mix	Jan - 25 Big Daddy's Pizza Big Daddy's PizzaPep Philly chestak Wrap Buffalo Chkn Pizza Pizza topoping Bar Breadstick Sugar Cookie, WG Bananas CORN Fruit and Veggie Bar Dressing Mix MILK - Variety Juice Mix

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 28	Jan - 29	Jan - 30	Jan - 31	
Country Fried Steak OVEN FRIED CHICKE mashed potatoes Gravy Dinner Roll(Whole Wh BUTTER grapes BROCCOLI Fruit and Veggie Bar Dressing Mix MILK - Variety Juice Mix	Hamburger Ham Sandwich Bacon HamburgerTopping Ba Cheese Slice Sun Chips peaches Carrots Fruit and Veggie Bar Dressing Mix MILK - Variety Juice Mix	Pizza Stick Navajo Taco Corn Bread Shredded Cheese diced tomatoes sour cream diced onions ORANGES,RAW,ALL GREEN BEANS Fruit and Veggie Bar Dressing Mix MILK - Variety Juice Mix	Ling's Mandarin Chicke Egg Roll Dinner Roll(Whole Wh BUTTER FRIED RICEven Green Beans Canned APPLESAUCE Fruit and Veggie Bar Dressing Mix MILK - Variety Juice Mix	

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